

PEDIATRIC MENTAL HEALTH LIST

About the Referral Process

Many insurers, through their HMO products, create a "gatekeeper" model which requires the primary care physician to authorize referrals to specialists. We will provide referrals to mental health care providers participating in your insurance plan after evaluating the clinical complaint. It is your responsibility to verify that the specialist you seek care from is covered by your insurance provider.

Treatment Centers

Inova Kellar Center

11204 Waples Mill Rd.
Fairfax, VA 22030
703-218-8500

www.inova.org

Offers structured and individualized mental health, substance abuse and special education programs and services to children and adolescents.

Northern Virginia Psychiatric Group

8500 Executive Park Ave. Suite 200
Fairfax, VA 22031
703-698-5220

<http://www.novapsy.com>

Psychiatrists, clinical psychologists, social workers, and professional counselors who work with individuals and families.

Northern Virginia Family Service

6400 Arlington Boulevard
Falls Church, VA 22042
571-748-2800

www.nvfs.org

Focuses on family dynamics and counseling.

Child & Family Counseling Group

3959 Pender Dr. #320
Fairfax, VA 22030
703-352-3822

www.childandfamilycounseling.com

Psychiatrists, clinical psychologists, clinical social workers, family therapists, and speech pathologist/educational needs counselor offering various forms of therapy and neuropsychological testing.

In Step

8320 Professional Hill Dr.
Fairfax, VA 22031
703-876-8480

www.instepcc.com

Psychologists and clinical social workers offering individual therapy, group therapy, and parent groups.

DUFFY Counseling Center

6832 Old Dominion Drive, Suite 200
McLean, VA 22101
703-255-1091

www.duffycounseling.com

Duffy Counseling Center provides services for adults and adolescents such as: cognitive behavior therapy, anxiety issues, learning differences, ADD/ADHD, family conflict, depression, oppositional defiant disorder and behavioral diagnosis.

Jewish Social Service Agency

3018 Javier Rd.
Fairfax, VA 22031
703-204-9100

www.jssa.org

Clinical social workers, psychologists, board-certified psychiatrists and educational specialists offering workshops, therapy, and support groups.

Family Compass

11150 Sunset Hills Rd. Suite 150
Reston, VA 20190
703-471-5517

www.familycompassgroup.com

Psychologists and Clinical Social Workers providing psychological, developmental & neuropsychological evaluation and guidance.

Prince William Family Counseling

9625 Surveyor Ct. Suite 200
Manassas, VA 20110
703-330-9933

<http://www.pwfc.com>

Psychologists and clinical social workers offering individual therapy, family therapy, and group therapy.

Children's National Medical Center

Child and Adolescent Anxiety Program (CAAP)

111 Michigan Ave. NW
Washington, DC 20010
202-476-5290

CAAP provides evaluation and treatment services to families of school-age children with anxiety. Approaches to treatment are short-term and involve the use of cognitive-behavioral strategies.

National Counseling Group

4201 Martin Ave.
Annandale, VA 22003
703-813-5982

www.nationalcounselinggroup.com

Psychological assessments, mental health and substance abuse counseling.

Psychologists

Alexandria

Guy Van Syckle 703-836-7225

Arlington

Amy Pacos 703-875-0475 ext. 1
Neuropsych testing, individual therapy, and learning disabilities.

Burke
Jeff Shulman 703-978-3998

Fairfax
Martha Gillis 703-819-8445
Cognitive Behavioral Therapy
www.cbtnorthernvirginia.com

Herndon
Nick Tiscione 703-471-4540
Sajjad Khan 703-787-9090
Robin Knoblach 703-707-8806

McLean
Cindy Galinski 703-532-5110

Reston
Bernadette Landolf 703-901-8101
Cognitive Behavioral Therapy
<http://www.cbt4kids.com>

Arnold Small 703-437-3236
Ed Farber

Rockville
Judy Glasser 301-681-3223

Vienna
Virginia Smith 703-938-5234
Psycho-educational testing

Kelly Theis 703-938-9091
Maria Kanakos,
Individual therapy, psycho-educational
and psychological testing.

John Steg 703-442-8116

Catherine McCarthy 703-288-3535

William Licamele 703-734-6927

Raymond Sattler 703-734-0055
www.cafpnv.medem.com

Megan Willems 703-942-6101

Therapists

Fairfax
Tanya Hull 703-591-8778
Registered Play Therapist

Vienna
Kim West, LCSW-C 410-975-5765
Gentle Sleep and Parenting Solutions

Child Psychiatrists

Alexandria
Dennis Cozzens 703-824-8248

Fairfax
Michael Kronen 703-970-2625

Peter Robbins 703-352-3822

McLean
Tina Jin 703-538-1110

Christopher Bir 703-749-3003

Ken Kaplan 703-821-3822