Focus on Back-to-School Illnesses

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10 Common Childhood Illnesses & Their Treatments

What’s going around? It’s back-to-school illnesses!

As a parent, it is important to be aware of the most up-to-date treatment guidelines so you can be sure your child is getting the best care possible.

Here’s a list of some of the most common childhood illnesses and their AAP-approved treatments.

Ask the Pediatrician:

By: Kristie E. N. Clarke, MD, MSCR, FAAP

Can I give my 5-year-old over-the-counter cough medicine?

Also In This Issue:

- Why Most Sore Throats, Coughs & Runny Noses Don’t Need Antibiotics
- Caring for Your Child’s Cold or Flu
- Drinks to Prevent Dehydration in a Vomiting Child
- When to Keep Your Child Home from Child Care
- Fever without Fear: Information for Parents

Flu Season is Right Around the Corner!

Here are 5 things to know:
1. Now is the time to get vaccinated.
Is It Allergies or a Cold? How to Tell the Difference
Allergy Medicine for Children
Head Lice: What Parents Need to Know
Germ Prevention Strategies
Surviving the Stomach Bug: Truths & Tips for Parents
Reducing the Spread of Illness in Child Care
The Difference Between Sinusitis and a Cold

2. This year's flu vaccine is only available as a shot.
3. You can't get the flu from the flu vaccine.
4. If you catch the flu and are vaccinated, you will get a milder form of the disease.
5. The flu vaccine can be given at the same time as other vaccines.
   Learn more here about the 2017-2018 flu season.

Pregnant Moms:
Take Care of YOU, Too!

Make healthy choices and take a few extra precautions during pregnancy to improve your chances for a healthy baby. Here are 11 things you can do to prevent infections.

The Healthy Children Show: Fever

Get info on taking temps and giving meds.

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